



**2025**  
**COMMUNITY**  
**BENEFIT**  
**REPORT**

ENGLEWOOD  
HEALTH

# OVERVIEW

The 2025 Community Health Benefit Report provides a high-level overview of key initiatives and activities provided by Englewood Health to support the health and well-being of the populations served. Englewood Health is dedicated to engaging our patients and community members in a wide range of educational opportunities, prevention programs, and wellness efforts with the goals of improving access, enhancing the health of the community, advancing healthcare knowledge, and offsetting the burden of government or other community efforts.

## ENGLEWOOD HEALTH SYSTEM PROFILE

Englewood Health is a health system comprising Englewood Hospital, an acute care community teaching hospital, and the Englewood Health Physician Network, a network of more than 700 providers.



Physicians and other providers **1,300+**  
**100+** Locations in **5** counties

Hospital- and community-based imaging centers

Outpatient behavioral health centers

Joint venture services in urgent care, ambulatory surgery, and home health

Community education and resource programs

Training programs for students, residents/fellows, and professionals

# STRATEGIC FOCUS

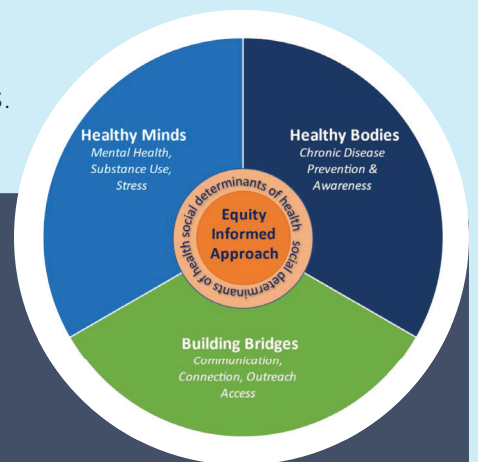
## 2023-2025

Englewood Health, one of New Jersey’s leading healthcare systems, delivers nationally recognized inpatient and outpatient care through its hospital and network of physician practices, urgent care centers, and imaging centers.

Englewood Health implements targeted outreach to underserved communities with a mission to enhance individual and public health, prevent disease, support lifelong wellness, reduce the burden of mental health challenges and substance use disorders, and meet the specific needs of diverse populations.

A primary focus of these initiatives is removing barriers to vital resources and connections, helping community members access the tools and support they need to live their healthiest lives.

The criteria for Englewood Health’s community health initiatives are guided by our 2023–2025 implementation strategy, based on the results of the 2022 Community Health Needs Assessment. The plan focuses on the development of Healthy Minds, Healthy Bodies, and Building Bridges. Our goals are achieved by optimizing Englewood Health’s internal network to increase capacity and access, engaging, educating, and screening community members, and strengthening community partnerships.



## COMMUNITY BENEFIT ACTIVITIES



Community Health Education



Clinical Research Studies



Community Health Screenings



Health Professional Education



Immunization Clinics



Health Partnerships and Collaboration



Meals and Nutrition Access



Charity Care

# 2025 HIGHLIGHTS

## Prevention in Action: Screening Across the System

Screenings are more than a clinical step—they are a powerful tool for advancing community health, addressing inequities, and promoting early detection and prevention across populations. At Englewood Health, a wide range of screenings are embedded throughout the health system and offered broadly to the community, many at no cost, forming a proactive framework that strengthens the health of the populations we serve.



Clinical screenings, such as low-dose lung cancer screenings, are offered annually to help identify high-risk individuals before symptoms appear and ensure timely care. Cancer genetic screening and counseling further support early detection by helping individuals understand inherited cancer risks and take proactive steps toward prevention and monitoring. Englewood Health also participates in New Jersey's Cancer Education and Early Detection (CEED) program, expanding access to breast and cervical cancer screenings for uninsured and underinsured residents. In 2025, nearly 200 individuals received breast health screenings through the program. Access to these services has also improved with the expansion of an existing imaging center in Woodland Park to include breast imaging, increasing community availability of screening and diagnostic imaging.

In 2025, Englewood Health conducted close to 260,000 social drivers of health screenings system-wide to identify social, economic, and environmental factors that influence health, enabling timely connections to resources that support overall wellness.

Behavioral health screenings, including depression assessments, are implemented throughout the health system. A brief cognitive screening has also recently been introduced in the emergency department to help identify patients over age 75 who may benefit from further evaluation. In 2025, nearly 20,000 individuals were screened for substance use, with more than 4,000 connected to the Englewood Health addiction medicine program and additional support services.



## Expanding Digital Campaigns to Strengthen Connection to Care

Access to care is fundamental to improving the health of the communities we serve. Englewood Health continues to enhance patient engagement and access through targeted digital campaigns as part of a key strategy to strengthen connections between patients and the care they need. Building on earlier successes, outreach now addresses a growing range of health priorities—from colorectal and lung cancer screenings to proactive engagement with patients discharged from the emergency department/urgent care who do not have a primary care physician, helping connect them to ongoing care. Nearly 200,000 digital campaign messages were sent in the calendar year 2025, amplifying the reach and impact of these efforts. Additional specialty campaigns promote preventive screenings such as abdominal aortic aneurysm (AAA), where early detection through targeted outreach has already resulted in life-saving interventions. Together, these efforts demonstrate how data-driven, personalized outreach can overcome barriers to access, guide patients to timely care and screening, and ultimately improve health outcomes across the communities we serve.

## Nurturing Maternal Health and Wellness

In 2025, Englewood Health continued to leverage clinical protocols, practical tools, and targeted education to address the leading causes of maternal morbidity and mortality.



All new mothers are screened using a standardized tool to assess emotional well-being and identify potential concerns, with results guiding timely follow-up and referral to appropriate supportive resources. Patients and their support persons receive education and discharge counseling to promote early recognition of symptoms and encourage prompt intervention. In cases of newborn loss, families are connected with community-based bereavement support.

A quantitative blood loss protocol has been implemented to improve accuracy through standardized weighing and volume documentation. Staff regularly participate in competency drills to reinforce readiness and ensure effective response to maternal hemorrhage events. Upon discharge, patients are educated on expected postpartum recovery, including normal versus excessive bleeding and when to seek medical attention.

Another key initiative is the Maternal Child Health Blood Pressure Monitoring Program, through which, in 2025, Labor & Delivery, Mother/Baby, and Emergency Department teams have distributed 716 home blood pressure monitors to patients with pre- or postpartum hypertension, supporting earlier recognition and management of complications.

Comprehensive programming at the Shirvan Family Live Well Center continues to expand, with classes in childbirth preparation, breastfeeding, and postpartum care, alongside offerings such as “Mommy and Me” exercise sessions and developmental education for mothers and infants. In 2025, Englewood Health also launched a free pregnancy and parenting app to further support patients with accessible education and guidance.

These programs reinforce Englewood Health’s commitment to empowering mothers, improving early detection of complications, and promoting healthy pregnancies and positive birth outcomes.



## Combating Diabetes Through Education and Community Engagement

Diabetes prevention, education, and self-management remain strategic priorities as the prevalence of the disease grows in the communities Englewood Health serves. Data from the electronic health record show that nearly 17% of patients are prediabetic and more than 21% live with Type 2 diabetes, underscoring the need for coordinated action.

Over the past several years, Englewood Health has developed a comprehensive strategy to support both patients and community members across its network of locations in five counties. This work spans the full continuum of diabetes care—from prevention to long-term management—and includes proactive patient identification, standardized clinical protocols, and individualized education and coaching delivered by certified diabetes educators. In 2025, the health system further expanded access to specialty care with the addition of 4 endocrinologists, strengthening care coordination and improving access to advanced diabetes management.

Together, these efforts have contributed to a nearly 20% reduction in uncontrolled diabetes among patients over the past four years.

Additional initiatives include collaboration with a local federally qualified health center to manage gestational diabetes among underserved patients, as well as community education through lectures and programs at the Shirvan Family Live Well Center focused on diabetes prevention, nutrition, and lifestyle management. In March 2025, Englewood Health launched a bilingual, three-month diabetes management program for patients with uncontrolled diabetes in Hudson County, emphasizing education and behavior change. The program resulted in a reduction of mean HbA1c from 9.7% to 7.5%, with all participants reporting increased confidence in managing their condition. Building on this success, a similar free program has expanded to Union City with local community partners to deliver Spanish-language education for low-insured and uninsured individuals with Type 2 diabetes.

Through these coordinated clinical and community-based efforts, Englewood Health continues to strengthen diabetes prevention, improve glycemic control, and advance population health outcomes across the communities it serves.

By integrating clinical, behavioral, and social screenings into a unified framework, Englewood Health advances early detection, promotes equitable access, and strengthens population health. These efforts demonstrate how a health system can serve its community comprehensively—preventing disease, addressing disparities, and supporting wellness for all.



## Advancing Care Through Knowledge: 2025 Health Care Conferences and Symposiums

In 2025, Englewood Health hosted more than seven conferences and symposiums focused on advancing knowledge and education across the organization. These events addressed critical areas of healthcare, from breakthroughs in oncology and advances in cardiology and vascular care to stroke management, patient safety, and nutrition's role in chronic disease treatment plans. The Health Equity Symposium highlighted system-wide initiatives aimed at

reducing disparities and promoting equitable care across the communities served. Led by experts from within the organization, these programs are provided free of charge and reflect a strategic investment in the growth, knowledge, and professional development of our teams. By fostering education, collaboration, and the sharing of best practices, these conferences reinforce the values at the core of the institution while empowering staff to translate learning into improved patient care and outcomes.

**300** Englewood Health implemented close to 300 programs

**70,000** These programs impacted more than 70,000 individuals\*

**2,000** Close to 2,000 patients received charity care

\*Includes digital programming

# ENGLEWOOD HEALTH

[englewoodhealth.org](http://englewoodhealth.org)

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