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COMMUNITY BENEFIT REPORT

ENGLEWOOD HEALTH

24

OVERVIEW

The 2024 Community Health Benefit Report provides a high-level overview of key initiatives and activities provided by Englewood Health to support the health and well-being of the populations served. Englewood Health is dedicated to engaging our patients and community members in a wide range of educational opportunities, prevention programs, and wellness efforts with the goals of improving access, enhancing the health of the community, advancing healthcare knowledge, and offsetting the burden of government or other community efforts.

ENGLEWOOD HEALTH SYSTEM PROFILE

Englewood Health is a health system comprising Englewood Hospital, an acute care community teaching hospital, and the Englewood Health Physician Network, a network of more than 600 providers.



STRATEGIC FOCUS 2023-2025

Englewood Health's health equity and population health efforts work in harmony. The health system implements targeted outreach to underserved communities to enhance individual and public health, prevent disease, support lifelong wellness, reduce the burden of mental health challenges and substance use disorders, and meet the specific needs of diverse populations. An essential component to all of these initiatives is to remove any barriers to vital resource connections, to further enable community members to have access to the resources and tools they need to live their healthiest lives.

The criteria for the Englewood Health community health initiatives are guided by our 2023–2025 implementation strategy, based on the results of the 2022 Community Health Needs Assessment. The plan focuses on the development of **Healthy Minds, Healthy Bodies and Building Bridges**. Our goals are achieved by optimizing Englewood Health's internal network to increase capacity and access; engaging, educating, and screening its community members; and strengthening its community partnerships

COMMUNITY BENEFIT ACTIVITIES



Community Health Education



Community Health Screenings



Immunization Clinics



Meals and Nutrition Access



Clinical Research Studies



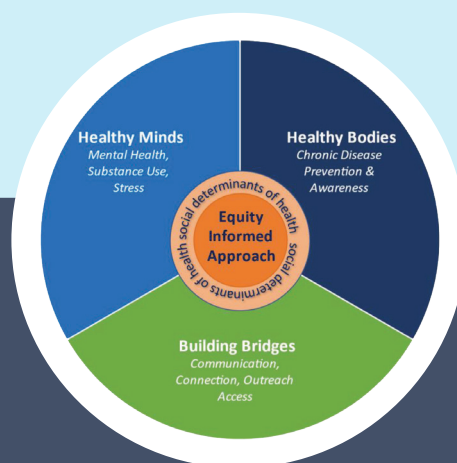
Health Professional Education



Health Partnerships and Collaboration



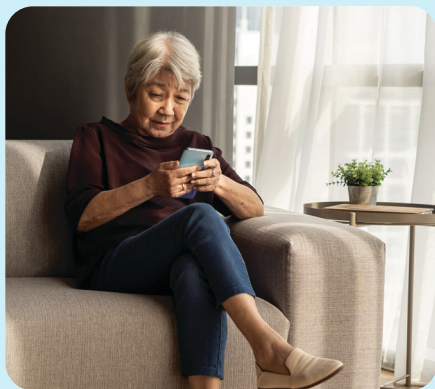
Charity Care



2024 HIGHLIGHTS

Supporting a Healthier Community: A Year of Outreach and Care

In 2024, through a wide range of initiatives and outreach programs, our dedicated teams made a significant impact on the lives of countless individuals. We conducted over 138,000 Social Determinants of Health (SDOH) screenings to better understand and address the needs of our patients. Additionally, our Find Help digital resource program launched in July 2024 and is integrated into our electronic health record system. In the first five months of using this new system, we connected nearly 900 patients with identified needs to essential resources and services. For the first time, we hosted a screening event on the annual Lung Cancer Screening Day, a nationwide initiative to promote early lung cancer detection through low-dose computed tomography (LDCT) screenings, and our year-to-date total now surpasses 2,300 individuals screened. Englewood Health hosted more than 400 educational events and health lectures, empowering more than 21,000 community members with valuable health knowledge. These remarkable achievements underscore our strong commitment to delivering comprehensive care that extends beyond hospital walls, and we remain dedicated to fostering a healthier community.



Successfully Leveraging Digital Engagement to Improve Access

Accessibility to care is essential to supporting the health of the populations we serve. Englewood Health has revolutionized important aspects of care and engagement through tailored messaging and access options. Through automated digital campaigns, we have connected to thousands of patients, empowering them to take charge of their health. With self-scheduling links, phone options, and soon, virtual agents, we have made healthcare more accessible and convenient. This effort has achieved strong results, with over 10,000 patients scheduling their own mammogram screenings, colorectal screenings, and annual physicals.

Soon, we will be able to send text messages in multiple languages, further personalizing the patient experience. As we move forward, we continue to explore innovative solutions, such as generative AI virtual agents, to engage patients in their preferred language and ensure a seamless experience.

The Shirvan Family Live Well Center

In 2024, the Shirvan Family Live Well Center empowered individuals to take control of their health and well-being through free education, hands-on classes, and workshops. Building on its mission, the center provided a range of programs and services promoting healthy living, disease prevention, and overall wellness. With over 6,200 participant visits, close to 900 classes, and almost 40 health talks from Englewood Health clinicians, the center is making a positive impact. Health education topics have included diabetes, cancer, women's health, behavioral health, heart health, and general health, which have been well-received. The efforts have led to 90% of the audience feeling knowledgeable and more equipped to manage, understand and navigate their own health needs and wellbeing.





Advancing Maternal Health and Wellness

Maternal health is a pressing national public health issue, with 80% of pregnancy-related deaths being largely preventable (CDC). In response, Englewood Health expanded its focus on maternal health programming and initiatives across multiple areas. As research has shown that healthy behaviors, such as regular exercise, balanced nutrition, and emotional wellness reduce the risk of pregnancy complications and contribute to long-term maternal and infant health, the Maternal Healthy Living Program was launched in spring 2024. This program, held at the Shirvan Family Live Well Center, provides comprehensive prenatal classes

focused on three key wellness areas: physical, emotional, and nutritional wellness. Through health education and practical application, the program aimed to equip women with tools to maintain healthy lifestyles during pregnancy, and beyond.

The Maternal Child Health Blood Pressure Monitoring Program, launched December 2023, provides blood pressure monitoring packs to antepartum and postpartum patients with hypertension disorders. In its first year, 204 packs were distributed to patients. The program includes a blood pressure machine, educational materials, tracking journals, instructions for self-monitoring, and guidance on when to seek medical attention. Eligible patients are educated on using blood pressure machine, including a teach-back session with a nurse before discharge, to ensure understanding. The program aims to empower patients to manage their blood pressure and seek timely medical attention, if needed.

Expansion of Behavioral Health Services and Care

Englewood Health has made significant strides in expanding its behavioral health services, focusing on accessibility, addiction support, and destigmatizing mental health needs. To achieve this, the organization has invested in educational events, awareness campaigns, and critical expansion of services. We recently opened a dedicated behavioral health access center, designed to triage and connect individuals with the appropriate resources, including psychiatrists, social workers, and other essential services.



In 2024, the Emergency Department expanded its substance abuse screening program, and has since screened over 20,000 patients. This initiative enables the healthcare team to identify individuals struggling with addiction and provide them with connections to resources and care. To increase local access to these services, we launched a comprehensive addiction medicine program, led by Dr. Sharde McLeish. By providing personalized care, screenings, medication-assisted treatments, and behavioral interventions, the program aims to support individuals struggling with addiction on their journey to recovery and wellness.

600

Englewood Health implemented close to 600 programs

36,000

These programs impacted more than 36,000 individuals*

2,000

Close to 2,000 patients received charity care

*Includes digital programming

ENGLEWOOD HEALTH

englewoodhealth.org