

2020 COMMUNITY BENEFIT REPORT

ENGLEWOOD HEALTH

Care that transforms. Care you can trust.

OVERVIEW

The 2023 Community Health Benefit Report provides a high-level overview of key initiatives and activities provided by Englewood Health to support the health and well-being of the populations served. Englewood Health is dedicated to engaging our patients and community members in a wide range of educational opportunities, prevention programs, and wellness efforts with the goals of improving access, enhancing the health of the community, advancing healthcare knowledge, and offsetting the burden of government or other community efforts.

ENGLEWOOD HEALTH SYSTEM PROFILE

Englewood Health is a health system comprising Englewood Hospital, an acute care community teaching hospital, and the Englewood Health Physician Network, a network of more than 600 providers.

1 HOSPITAL
100+ LOCATIONS



1,200+ Physicians and other providers

100+ Locations in **5** counties

4 Urgent care centers

4 Imaging centers

1 Outpatient behavioral health center

2 Community education and resource centers

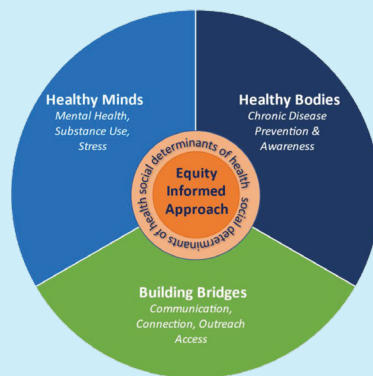
1 Integrative medicine center

8 Training programs for students, residents/fellows, and professionals

STRATEGIC FOCUS 2023-2025

Englewood Health's health equity and population health efforts work in harmony. The health system implements targeted outreach to underserved communities to enhance individual and public health, prevent disease, support lifelong wellness, reduce the burden of mental health challenges and substance use disorders, and meet the specific needs of diverse populations. An essential component to all of these initiatives is to remove any barriers to vital resource connections, to further enable community members to have access to the resources and tools they need to live their healthiest lives.

The criteria for the Englewood Health community health initiatives are guided by our 2023–2025 implementation strategy, based on the results of the 2022 Community Health Needs Assessment. The plan focuses on the development of **Healthy Minds, Healthy Bodies and Building Bridges**. Our goals are achieved by optimizing Englewood Health's internal network to increase capacity and access; engaging, educating, and screening its community members; and strengthening its community partnerships



COMMUNITY BENEFIT ACTIVITIES



Community Health Education



Clinical Research Studies



Community Health Screenings



Health Professional Education



Immunization Clinics



Health Partnerships and Collaboration



Meals and Nutrition Access



Charity Care

2023 HIGHLIGHTS: HEALTH EQUITY, ACCESS, EDUCATION, AND PREVENTION



The Shirvan Family Live Well Center

The 2023 opening of the center is a proactive strategy to improve the lifestyle choices, health knowledge, and skill levels among our community members to help prevent chronic diseases and support those with existing conditions. This innovative center, launched in downtown Englewood, focuses on nutritional, emotional, and physical wellness. The program offerings are scalable, comprehensive, and are designed to promote systemic behavioral lifestyle changes for all ages. In 2023, the program recruited more than 2,000 participants.

Asian Health and Wellness

In 2023, the Englewood Health Physician Network opened an Asian Health and Wellness site to better meet the healthcare needs of the Korean and Chinese populations in Northern New Jersey. The site helps community members access optimal medical care by reducing financial, cultural and language barriers. With a focus on chronic disease prevention and early detection, the site offers services such as patient and financial navigation and assistance with social services and crisis support. Additionally, the team works with other departments at Englewood Health to provide both in-person and virtual educational programs. Recent programs provided health education on diabetes, hepatitis, dementia, and behavioral health conditions.



Health Screenings & Education Initiatives

In 2023, Englewood Health implemented a wide range of public health education programs as well as an extensive series of free public health screenings. The events were predominantly conducted at community-based locations to increase accessibility and engagement. The education efforts included CPR and AED training, stroke detection, addiction understanding and awareness, diabetes, dementia and aging, nutrition, heart health, women's health and other topics. Cancer screenings were conducted for lung, breast, colon, and prostate throughout a large number of underserved communities, thereby broadening access to care and improving health outcomes.

Strategic Leadership Appointments



Englewood Health continues to invest strategically in essential staff positions to further support the strategic plan. This includes hiring Anita Ramsetty, MD, as Director of Health Equity. In this new role, Dr. Ramsetty is responsible for shaping the health system's efforts to advance health equity. She focuses on developing programs and resources to address social determinants of health, remove barriers to care and education, and reduce health disparities across Englewood Health's patient populations and the communities it serves. As part of its continued expansion of mental health services for the community, Englewood Health has appointed Magdalena Spariosu, MD, as its new Director of Behavioral Health. In this new role, Dr. Spariosu spearheads strategic planning and clinical oversight for both inpatient and outpatient behavioral health services, with a focus on expanding access to compassionate, patient-centered, evidence-based care.

Expansion of Care

In 2023, Englewood Health increased access by implementing targeted growth strategies focusing on the needs of the individual communities served. This included the development of the East Campus in Englewood Cliffs, providing more than 45,000 sq. ft. of multispecialty offices. Additionally Englewood Health expanded its medical specialty resources including obesity medicine, addiction medicine, endocrinology, oncology and more at sites across the region including Jersey City.



600

Englewood Health implemented close to 600 programs

50,000

These programs impacted more than 50,000 individuals*

2,000

Close to 2,000 patients received charity care

*Includes digital programming



ENGLEWOOD HEALTH

englewoodhealth.org

Published April 2024